



Sticky Fingers Cooking

Cultivating 'Cool'inary Curiosity in Kids™

THYME to TURNIP the BEET on WHAT KIDS EAT

Truly Tasty + Fabulously Fun + Highly Acclaimed New PreK-3rd After School Cooking Classes at Free Horizon Montessori

Thursdays from 3:30-4:30pm
9 classes: November 29th- February 7th

Scroll Down For A Sneak Peek At Some of THE AMAZING RECIPES The Kids Will Be Cooking-Up!



"I can't believe we made this!" --Young Chef Cade

"This is so awesome; I love it!" -Young Chef Haven



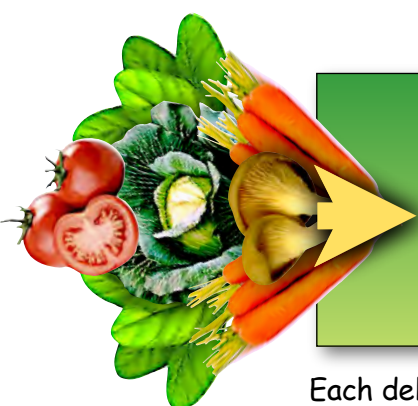
5280 Magazine's
EDITOR'S CHOICE
TOP OF THE TOWN
BEST KID CLASSES
IN COLORADO

www.stickyfingerscooking.com/about/news-events/



When's the last time you had Ethiopian food?

Or yummy Indian, Swedish or Columbian food? Guess what? Your kids can have a blast every week discovering how easy and fun it is to prepare (and love to eat!) tasty, healthy globally-inspired + American Classic Sticky Fingers Cooking recipes! Let your child release their inner chef and love learning to be inspired food explorers!



To Enroll Your Student:

Click on This Active Link
(search Free Horizon):

<https://stickyfingerscooking.com/school-programs/colorado/>



Each delicious new recipe prepared by your young chef will be accessible online after each class at www.stickyfingerscooking.com
FOR COOKING-UP SOME DELICIOUS FAMILY FUN AT HOME!

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Here is a Sneak Peek of the Some of The AWESOME DELICIOUSNESS The Kids Will Be Cooking-Up in Classes!

Generous German Fall Potato Salad + Soy Sausage Bites + Sparkling Fruit "Schorle" Sparklers

Korean "Japchae" Stir-Fried Noodles + Sweet Soy Splash + Frosty "Banana Milk" Smoothies

Argentinian Chimichurri Pull Apart Monkey Bread + Kid-made Herbed Butter + Amazing Aguas Frescas

Fall Cranberry Italian Polenta "Torta" Cake +}Orange Yogurt Glaze + Cranberry Cinnamon Coolers

Halloween Pumpkin Ghoulish "Goulash" + Boo Buttered Noodles + Frankenstein's Party Punch

Perfety Persian Yam Stew + "Tadiq" Crispy Rice Cakes + Marvelous Minty Sherbet

Please note that recipes are subject to change – based on our creative whim!
Classes are always nut-free, and any and all dietary restrictions can and will be accommodated.

