

# May

## LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> <li>(V) Pepperoni Calzoni Pizza</li> <li>Buffalo Chicken Crunchadilla</li> <li>Garden Ranch Salad with Chicken Breast</li> <li>(DF) Chicken Salad Sandwich</li> </ul> <ul style="list-style-type: none"> <li>o Glazed Sliced Carrots</li> </ul> <p style="text-align: right;"><b>1</b></p>	<ul style="list-style-type: none"> <li>Flame Broiled Beef Cheeseburger</li> <li>(DF) Oven Roasted Chicken Sandwich</li> <li>Chicken Caesar Salad</li> <li>Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>o Chopped Lettuce &amp; Sliced Tomatoes</li> </ul> <p style="text-align: right;"><b>2</b></p>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese &amp; Chicken Bites</li> <li>(DF) Chicken Potstickers</li> <li>(V) Hummus Dippers</li> <li>Turkey &amp; Cheddar Sandwich</li> </ul> <ul style="list-style-type: none"> <li>o Chilled Seasoned Green Beans</li> </ul> <p style="text-align: right;"><b>3</b></p>	<ul style="list-style-type: none"> <li>Hot Meatball Sub</li> <li>Lone Star BBQ Chicken Sandwich</li> <li>(DF) Egg Salad Sandwich</li> <li>Ham &amp; Cheese Sandwich</li> </ul> <ul style="list-style-type: none"> <li>o Three Bean Salad &amp; Baby Carrots</li> </ul> <p style="text-align: right;"><b>4</b></p>	<ul style="list-style-type: none"> <li>(DF) Mama's Tamale Red Chile Chicken</li> <li>(DF) Revolution Hot Dog</li> <li>(V) Fiesta Scoops with Three Layer Dip</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>o Jicama with Lime</li> </ul> <p style="text-align: right;"><b>5</b></p>
<ul style="list-style-type: none"> <li>(V) Cheese Pizza with a Wholegrain Crust</li> <li>(DF) Sloppy Joe</li> <li>Chicken Caesar Wrap</li> <li>Turkey &amp; Cheddar Sandwich</li> </ul> <ul style="list-style-type: none"> <li>o Steamed Sliced Carrots</li> </ul> <p style="text-align: right;"><b>8</b></p>	<ul style="list-style-type: none"> <li>Beefy Bean &amp; Cheese Burrito</li> <li>Classic Chicken Parm Pasta</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>o Steamed Corn</li> </ul> <p style="text-align: right;"><b>9</b></p>	<ul style="list-style-type: none"> <li>Baked Mac &amp; Cheese with Chicken Sausage Combo</li> <li>(DF) Crispy Chicken Sandwich</li> <li>Sesame Chicken Salad</li> <li>(V) Cheddar Cheese Sandwich</li> </ul> <ul style="list-style-type: none"> <li>o Coleslaw</li> </ul> <p style="text-align: right;"><b>10</b></p>	<ul style="list-style-type: none"> <li>(V) Pancakes with Omelet</li> <li>BBQ Chicken with Cheesy Rice</li> <li>Honey Mustard Chicken Wrap</li> <li>Ham &amp; Cheese Sandwich</li> <li>o Blanched Broccoli Florets with Ranch</li> </ul> <p style="text-align: right;"><b>11</b></p>	<ul style="list-style-type: none"> <li>Chorizo &amp; Cheese Eggel (egg &amp; bagel sandwich)</li> <li>(V) Creamy Pasta Alfredo</li> <li>(DF) Chicken Salad Sandwich</li> <li>(V) Veggie Taco Salad</li> <li>o Seasoned Garbanzo Beans &amp; Grape Tomatoes</li> </ul> <p style="text-align: right;"><b>12</b></p>
<ul style="list-style-type: none"> <li>Flame Broiled Beef Cheeseburger</li> <li>Southern BBQ Chicken Sandwich</li> <li>Chicken Caesar Salad</li> <li>(DF) Egg Salad Sandwich</li> <li>o Chopped Lettuce &amp; Sliced Tomatoes with Ranch</li> </ul> <p style="text-align: right;"><b>15</b></p>	<ul style="list-style-type: none"> <li>(V) Five Cheese Lasagna</li> <li>Chicken Taco Trio</li> <li>(DF) Sesame Chicken Wrap</li> <li>Ham &amp; Cheese Sandwich</li> <li>o Sliced Cucumber</li> </ul> <p style="text-align: right;"><b>16</b></p>	<ul style="list-style-type: none"> <li>Chicken Fajita Burrito</li> <li>(DF) Chicken Teriyaki with Brown Rice</li> <li>(V) Taco Dippers Kit</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>o Steamed Corn</li> </ul> <p style="text-align: right;"><b>17</b></p>	<ul style="list-style-type: none"> <li>(V) Cheese Pizza Panda Pie</li> <li>Chicken Enchiladas</li> <li>(V) Veggie Chef's Salad</li> <li>(DF) Chicken Salad Sandwich</li> <li>o Blanched Broccoli Florets &amp; Pinto Beans</li> </ul> <p style="text-align: right;"><b>18</b></p>	<ul style="list-style-type: none"> <li>Jumbo Italian Meatball with Penne</li> <li>(DF) Revolution Hot Dog</li> <li>(V) Southwest Veggie Wrap</li> <li>Turkey &amp; Cheddar Sandwich</li> <li>o Glazed Sliced Carrots</li> </ul> <p style="text-align: right;"><b>19</b></p>
<ul style="list-style-type: none"> <li>Chicken Sausage &amp; Cheddar Eggel Sandwich</li> <li>(DF) Chicken Bites</li> <li>Garden Ranch Salad with Chicken Breast</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>o Baby Carrots</li> </ul> <p style="text-align: right;"><b>22</b></p>	<ul style="list-style-type: none"> <li>(V) Mama's Tamale (Mild Green Chile and Cheese)</li> <li>Baked Mac &amp; Cheese &amp; BBQ Chicken</li> <li>Sesame Chicken Salad</li> <li>Ham &amp; Cheese Sandwich</li> <li>o Celery Sticks</li> </ul> <p style="text-align: right;"><b>23</b></p>	<ul style="list-style-type: none"> <li>Pancakes with Sausage</li> <li>(V) Spaghetti Marinara</li> <li>(V) Fiesta Scoops with Three Layer Dip</li> <li>(DF) Chicken Salad Sandwich</li> <li>Turkey &amp; Cheddar Sandwich</li> <li>o Blanched Broccoli Florets</li> </ul> <p style="text-align: right;"><b>24</b></p>	<ul style="list-style-type: none"> <li>(V) Cheese Pizza with a Wholegrain Crust</li> <li>Flame Broiled Beef Cheeseburger</li> <li>Chicken Caesar Wrap</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>o Potato Salad</li> </ul> <p style="text-align: right;"><b>25</b></p>	<ul style="list-style-type: none"> <li>Chicken Taco Trio</li> <li>(DF) Orange Chicken Rice Bowl</li> <li>(V) Cheddar Cheese Sandwich</li> <li>BBQ Chicken Wrap</li> <li>o Grape Tomatoes with Ranch &amp; Three Bean Salad</li> </ul> <p style="text-align: right;"><b>26</b></p>
<ul style="list-style-type: none"> <li>BBQ Chicken Quesadilla</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly)</li> <li>o Steamed Sliced Carrots</li> </ul> <p style="text-align: right;"><b>29</b></p>	<ul style="list-style-type: none"> <li>(V) Cheese Ravioli</li> <li>(DF) Revolution Hot Dog</li> <li>Chicken Caesar Salad</li> <li>(DF) Chicken Salad Sandwich</li> <li>o Blanched Broccoli Florets</li> </ul> <p style="text-align: right;"><b>30</b></p>	<ul style="list-style-type: none"> <li>Hot Turkey &amp; Cheese Flatbread Sandwich</li> <li>(V) Cheese Enchiladas</li> <li>(DF) Sesame Chicken Wrap</li> <li>Mighty Meaty Deli Combo Sandwich</li> <li>o Sliced Cucumber with Ranch</li> </ul> <p style="text-align: right;"><b>31</b></p>		

## cinco de mayo!

In Mexico, tamales are traditionally served to celebrate holidays or special occasions

Our new **Mama's Tamales** come in two flavors: red chile chicken and mild green chile & cheese. Both are prepared traditionally and individually hand wrapped in a corn husk before being steamed.

**Look for tamales on the menu on Cinco de Mayo! (That's May 5<sup>th</sup>)**

**Lunch:** choice of 1% or fat-free milk; fresh fruit available daily.

**Dairy-free (DF) and vegetarian (V)** options available daily – if not listed on the menu, available upon request.

o Vegetable of the day

*This institution is an equal opportunity provider.*

